

Nibukikan Weekly Schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00	Jujitsu – Brown belt and above; Blackbelt class 1 st Sunday of every month						Jujitsu – Blue belt and above
9:00							
10:00							Judo
11:00							
12:00							
1:00							
2:00							
3:00							
4:00		Yoga		Yoga		Yoga	
5:00			Tai Chi		Tai Chi		
6:00		Yoga	Yoga	Yoga	Yoga	Tai Chi	
7:00		Jujitsu	Judo	Jujitsu	Judo	Jujitsu	Grappling
8:00							
9:00							
10:00							